

## Kay Eibl Speaker Sheet

Kay Eibl (M.A., LPC) is passionate about helping clients work toward positive behavior change. Over the last decade, Kay has counseled individuals with disabilities and mental health concerns in both private and public settings. Currently, she works as a Disability Specialist at Waukesha County Technical College, where she supports students with disabilities in reaching their academic goals. As a member of the Motivational Interviewing Network of Trainers (MINT), she loves training all types of professionals become the best listeners they can be. Kay is excited about the opportunity to teach helping professionals how to fine-tune conversational practices to help clients move toward increased motivation and behavior change.

### Select Topics for Training Workshops

Conversations about Change:  
Introduction to Motivational  
Interviewing

Motivating Students: What Educators  
Need to Know about Helping Students  
Change

10 Things You May Want to Know About  
Becoming a Better Listener

Listening Skills for Improving Customer  
Service

Motivational Interviewing and Suicide  
Prevention

Moving from Ambivalence to Behavior  
Change: Lessons for Leaders

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### Feedback from Training Workshops

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If I were to recommend this training to another professional, I would tell them it was very well worth learning and obtaining knowledge around this subject and understanding how to implement this technique within my profession. Kay gave an overwhelming insight to different opinions and thoughts around the subject.

*Vaynesia N.  
Community Outreach Liason*

Specifically, one of my favorite parts of this training was the practice. I also enjoyed Kay listening and providing expert feedback on my practice. It helped me work through the kinks in the conversation.

*Rachel K., Public Health nurse*

Kay is that rare jewel of a trainer. She knows MI, understands the spectrum of learners, and matches her training to the needs of the individual and the system. Grounded in a thoughtful, no-nonsense approach, she prepares meticulously and trains passionately. And the glue that holds it all together? Kay is lovely person who connects well with her trainees. She is a gem!

*David B. Rosengren, Ph.D. President & CEO,  
Prevention Research Institute*

Kay is very well versed with MI +  
professionally engaging!

*Cinny A., Clinical Director*

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